

ADVANCED

<u>MANOUEVER</u>	<u>K-</u>	<u>Factor</u>
1. TAKE OFF SEQUENCE -procedure turn		1
2. REVERSE CUBAN 8 with 2of 4 pt. rolls in 45 deg. up lines.	C	4
3. STALL TURN	T/A	2
4. FOUR PT. ROLL	C	4
5. Free turnaround to the top, upright	T/A	-
6. TRIANGULAR LOOP , 1/2 rolls in the 45 deg. down & up line	C	3
7. HALF SQ. LOOP , half roll down	T/A	2
8. INSIDE LOOP , full roll on top	C	4
9. Free turnaround to the top, upright	T/A	-
10. 45 deg. DOWN , 1&1/2 Snap roll exit inverted	C	4
11. Free turnaround, stay at base height, inverted	T/A	-
12. DOUBLE IMMELMAN , entry inverted, full roll first half roll second	C	4
13. HUMPTY BUMP , push out, half roll down	T/A	2
14. SQUARE LOOP , 1/2 roll in vertical legs	C	4
15. Free turnaround, stay at base height, upright	T/A	-
16. KNIFE EDGE FLIGHT	C	4
17. FIGURE 9 , exit inverted	T/A	1
18. VERTICAL 8 INVERTED MID ENTRY PUSH UP FIRST , no rolls, exit inverted	C	3
19. Free turnaround to base height, upright	T/A	-
20. SLOW ROLL	C	3
21. Free turnaround to the top, upright	T/A	-
22. TWO TURN SPIN , full roll in exit line	C	3
23. LANDING SEQUENCE		1

Totak K : 49
 C-Centre manouever
 T/A- Turnaround manouever